

How to: JIC QI Project

JiC= Just in case medication- used in end of life care.
Scope: How JiC meds are documented and reviewed

Oct 2019
Original project by Eve Barnes (Medical Student)

Step 1

Identify and understand
Read up about JiC meds-
look at local guidelines
Discuss at your practice
Reflect

REQUIREMENTS CHECKLIST

- ✓ Chose someone at the practice to run the project.
- ✓ Discuss with MDT involved in JiC meds
- ✓ Use a SWOT table to structure discussion.
- ✓ Identify area that want to look at

Plan and Test

Come up with some aims based on your SWOT
This should be in SMART goal format

SMART goal could be based on:

Within practice:

1. How are JiC medications being documented
2. Is this happening for all patients
3. How many people have incorrect documentation
4. What can be done to improve this

Connecting to practice:

5. Is the number of boxes documented the same as the number of boxes currently in the nursing homes?
6. How do nursing homes communicate with the GP if boxes are no longer needed
7. How could communication be improved

Step 2

Context

Local Enhanced Services:

JiC meds in care homes:

1. Should be prescribed case by case
2. Regular reviews (3 monthly) and document in care plan
3. enable a practice generated list can be generated

Example aims

To evaluate the documentation of JiC medications at X GP practice with an aim of all patients prescribed JiC medications having correct documentation within one month of this study.

To evaluate the difference between practice and care home records, with the aim of establishing a communication pathway for if the medication is no longer needed and has been removed. Within 1 month of the project the practice pharmacist/ GP should be able to audit how many prescriptions for JiC medications are issued compared with destroyed/ no longer used using the practice records alone

Set up practice searches
Collect data

Step 3 & 4

Implement and embed

Review the findings
Try and come up with a change to implement
Example:

Create a practice template
Sustain and spread

Arrange a practice meeting and invite nursing home staff
Re-run audits
Discuss regularly at palliative care meetings